

Tokyo Marathon 2019 RACE INFORMATION

Race Name

Tokyo Marathon 2019

also serves as selection trial for:

- 2019 IAAF World Championship in Doha
- Marathon Grand Championship Series (MGC) 2018-2019
~Japanese Olympic Trial for Tokyo Olympic 2020~
- Abbott World Marathon Majors Series XII

Organizer

Tokyo Marathon Foundation

Co-organizers

JAAF (Japan Association of Athletics Federations); Tokyo Metropolitan Government; The Yomiuri Shimbun; Nippon Television Network Corporation; Fuji Television Network, Inc.; Sankei Shimbun Co., Ltd.; The Tokyo Shimbun

Supporting Organizations (provisional)

JAPAN SPORTS AGENCY; Ministry of Land, Infrastructure, Transport and Tourism; Japan Tourism Agency; Metropolitan Tokyo Mayors' Council; Japan Sports Association; Japanese Olympic Committee; Japanese Para-Sports Association; Japan Para Athletics; Nippon Keidanren (Japan Business Federation) ; The Tokyo Chamber of Commerce and Industry; Tokyo Medical Association; Tokyo Disaster Prevention & Emergency Medical Service Association; Tokyo Private Ambulance Call Center Registered Companies Liaison Council; TOKYO NURSING ASSOCIATION; Tokyo Convention & Visitors Bureau; Tokyo Federation of Neighborhood Associations; Tokyo Federation of Shopping Center Promotion Associations & Tokyo Federation of Shopping Centers; Tokyo Sports Association; Community Sport Leaders Tokyo; The Hochi Shimbun; Radio Nippon Co., Ltd.; Sankei Sports; Yukan Fuji; Nippon Broadcasting System, Inc.; Fuji Sankei Business I; FUSOSHA Publishing Inc.; The Tokyo Chunichi Sports

Managing Organization

Tokyo Athletics Association

Operation Supporter

Tokyo Sports Association for the Disabled; Kanto Para Athletics

Presenting Partner

Tokyo Metro Co., Ltd.

Official Partners

STARTS CORPORATION INC.; Yamazaki Baking Co., Ltd.; ASICS Japan Corp.; Otsuka Pharmaceutical Co., Ltd.; BMW Japan Corp.; KINTETSU INTERNATIONAL; The Dai-ichi Life Insurance Company, Limited; SEIKO HOLDINGS CORPORATION; SECOM CO.,LTD.; Toray Industries, Inc.; McDonald's Company (Japan), Ltd.; Mizuho Bank, Ltd.; Seven-Eleven Japan Co.,Ltd.; ASAHI BREWERIES, LTD.; American Express International, Inc.; ALL NIPPON AIRWAYS CO.,LTD; Photocreate Co.,Ltd; ZENROSAI (National Federation of Workers and Consumers Insurance Cooperatives) ; KONICA MINOLTA, INC.; Hisamitsu Pharmaceutical Co.,Inc.; Daiwa Securities Group; Shiseido Japan Co.,Ltd; BANDAI NAMCO Entertainment Inc.; HJ Holdings, Inc.; NIHON KOHDEN CORPORATION; KOYOU RENTIA Co.,Ltd.; Shimizu Octo,Inc.; EMTG Co., Ltd.

Events

- 1) Marathon (Men, Women, Wheelchair Men, Wheelchair Women)
- 2) 10km Race (Men and Women for Junior & Youth, Visually Impaired, Intellectually Challenged, Organ Transplant Recipients and Wheelchair categories)

Date & Time

Sunday, March 3, 2019

- 9:05 a.m. — Wheelchair Marathon and Wheelchair 10km Start
- 9:10 a.m. — Marathon and 10km Start
- 10:50 a.m. — 10km Finish
- 4:10 p.m. — Marathon Finish

Broadcaster Nippon Television Network Corporation

Course

Marathon: Tokyo Metropolitan Government Building — Iidabashi — Kanda — Nihombashi — Asakusa Kaminarimon — Ryogoku — Monzen-nakacho — Ginza — Takanawa — Hibiya —Tokyo Station/Gyoko-dori Ave. (This course is certified by the JAAF and AIMS/IAAF .)

10km Race: Tokyo Metropolitan Government Building — Iidabashi — Kanda — Nihombashi
(Results are considered unofficial. Finishing place is determined by net time.)

Competition Rules

The races will be conducted in accordance with the rules and regulations of the IAAF, JAAF and the Race Organizer.

IAAF Road Race Label Regulations also applies to the Tokyo Marathon 2019, which has been certified by the IAAF as a Gold Label road race. Doping control is conducted under IAAF Anti-Doping Regulations and/or Japan Anti-Doping Regulations.

World Para Athletics Rules and Regulations and the competition rules of the Tokyo Marathon applies to the wheelchair marathon. Doping control is conducted under World Para Athletics Anti-Doping Regulations and/or Japan Anti-Doping Regulations.

Time Limits

Marathon: 7 hours; Wheelchair Marathon: 2 hours and 10 minutes

10km Race: 1 hour and 40 minutes; Wheelchair 10km race: 35 minutes

(i) The time limits are based on the gun time (not on the net time).

(ii) The cut-off time will be enforced at each checkpoint due to limited duration of traffic control, security operation and event operation. The runners, who fail to pass through the checkpoint before the cut-off time will be disqualified from the race. Furthermore, runners who lag excessively behind the cut-off time pace may be asked to leave the course at anytime.

Maximum Number of Entrants

38,000 Runners (Marathon: 37,500 runners; 10km Race: 500 runners)

Eligibility:

Those who fulfill the following conditions, and whose participation is approved by the organizer.

1) Marathon: Must be at least 19 years of age on the race day

1-1) General

- Runners who are capable of completing the race within 6 hours and 40 minutes

1-2) Semi-Elite Athletes

- Athletes who satisfy the requirements set forth by the "RUN as ONE - Tokyo Marathon 2019".

1-3) Elite Athletes

- Athletes, registered with the JAAF in fiscal 2018 who satisfy the special requirements set forth by the JAAF

- Invited Athletes: National and international runners nominated by the JAAF

1-4) General Wheelchair

-Wheelchair users who are capable of completing the race within 2 hours and 10 minutes using the racing wheelchair.

1-5) Elite Wheelchair

-Athletes registered with the JPA in fiscal 2018, and to be registered with the IPC in fiscal 2019

-Athletes who are in the sport classes T53 – 54 of World Para Athletics Classification

-Athletes who have the following record in the tournament of the World Para Athletics certified races:

1 hour and 50 minutes or under (Men)

2 hours or under (Women)

-Invited Athletes: National and international athletes nominated by the JPA

2) 10km Race: Must be at least 16 years of age on the race day

2-1) Junior & Youth

-Runners between 16 and 18 years of age on the race day, who are capable of finishing the race in 1.5 hours (Runners born between March 4, 2000 and March 3, 2003 are eligible)

*Including those runners who are selected separately by the Tokyo Metropolitan Government under the projects related to the Great East Japan Earthquake Recovery support.

2-2) Visually Impaired

-Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours

2-3) Intellectually Challenged

-Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours

2-4) Organ Transplant Recipients

-Runners aged 16 and above on the race day, capable of finishing the race within 1.5 hours

2-5) Wheelchair

-Wheelchair users aged 16 and above on the race day, capable of finishing the race in 35 minutes on the racing wheelchair

※Racing wheelchair requirements are specified in the latest "Rules and Regulations" applicable to the event day set by the World Para Athletics.

Prize Money

For both the marathon, and wheelchair marathon races, the prize money based on the results will be awarded in accordance with separate rules.

Entry Fee

Marathon: Japan residents - 10,800 Yen (from overseas - 12,800 Yen)

10km Race: Japan residents - 5,600 Yen (from overseas - 6,700 Yen)

*Tax and handling fee included

Application

1) Procedure

Online entry: <http://www.marathon.tokyo/en/>

2) Application Period

Applications must be received between Wednesday, August 1, 2018 through Friday, August 31, 2018

3) Screening

If the applications exceeds the maximum number, the entrants will be randomly selected by lottery

4) Payment

Selected entrants must pay the entry fee by credit card before the deadline.

*Applications to charity runners will be accepted from Monday, July 2 to Tuesday, July 31, on a first-come, first-served basis (up to 4,700 charity runners). Applications to Active charity runners (300 applicants) will be accepted until Friday, August 31.

*Priority applications from the premium members of ONE TOKYO, the official club of Tokyo Marathon Foundation, can be submitted from Monday, July 2 to Tuesday, July 31 (3,000 runners) Entrants will be selected by the lottery if applications exceed the maximum number.

* For the details on the RUN as ONE – Tokyo Marathon 2019, please refer to the Tokyo Marathon official website.

*Applications of elite runners and elite wheelchair athletes will be accepted from December.

Packet Pick-up

Thursday, February 28; Friday, March 1; and Saturday, March 2, 2019

Venue: Tokyo Marathon EXPO 2019 at Odaiba-Aomi Event Area (N,O,P)

*There will be no entry or packet pick-up on the race day.

Others:

1) Entry fees are non-refundable in the event of cancellation of the race if such cancellation is not accountable to the organizer.

2) The event will be operated in compliance with all national laws and regulations.